Conscious Living & Aging
an Intergenerational Symposium

Saturday, March 19
1:00 p.m.–6:00 p.m.
includes book signing

Pulling together concepts, awakenings, revelations, and inspirations from the Film Series on Conscious Aging: Tuesdays With Spirit and Soul, this symposium offers an innovative forum to examine and discuss ways to achieve a purposeful aging experience as a legacy for present and future generations. Thought-provoking breakout sessions will challenge attendees to explore new ideas about health and wellbeing, aging as a spiritual journey, mindful beauty, intergenerational collaboration, and developing and preserving an arts legacy.

To reserve your seat, call (951) 827-4105 or (760) 834-0997 or go to www.extension.ucr.edu and search by section number 154CCS001.

Marianne Williamson

Marianne Williamson is an internationally-acclaimed spiritual author and lecturer. Marianne is the Founder of Project Angel Food, Co-Founder of the Peace Alliance, and serves on the Board of Directors for the RESULTS organization. Six of her eleven published books have been New York Times Best Sellers. The mega best seller, A Return to Love, is considered a must-read. A paragraph from that book, beginning “Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure…” is considered an anthem for a contemporary generation of seekers.

Registration Fee: $55
UCR Palm Desert Center
75-080 Frank Sinatra Drive
Section: 154-CCS-001