

Osher LIFE *Lecture Series*

SPEAKER SCHEDULE

All lectures held at the **UCR Extension Center**
1200 University Ave, Riverside

March

Nuts and Health: Past, Present, and Future

March 13 · Tuesday 1:30 – 3 pm

Are you nuts to eat nuts!?

Edward Bitok, DrPH, MS, RD, Assistant Professor Department of Nutrition and Dietetics, Loma Linda University, School of Allied Health Professions

Native American Art on Exhibit

March 20 · Tuesday 1:30 – 3 pm

A cross-section of Native American life through art and crafts.

Jim Judge, Native American Art collector and enthusiast

Lightweight World Travel

March 27 · Tuesday 1:30 – 3 pm

How to hike, bike, canoe and wilderness camp on seven continents.

Duncan Campbell Webb, JD, off from a year-long world travel adventure

April

The History of Jewish Music

April 10 · Tuesday 1:30 – 3 pm

Music, rituals and instruments.

Mati Dinar, MEd, is a retired Hebrew and Judaic Studies instructor

Zero Waste Principles for a Healthier Planet

April 17 · Tuesday 1:30 – 3 pm

Food waste and its subsequent impact on planetary health.

Irana Hawkins, PhD, MPH, RDN is a Registered Dietitian Nutritionist with advanced training in health behavior and health education

On the Road with Huell Howser!

April 24 · Tuesday 1:30 – 3 pm

Louie, take a look at this!

Luis Fuerte, photographer and author

May

Hot Dogs and Hamburgers: Teaching Adults to Read

May 1 · Tuesday 1:30 – 3 pm

Access to local literacy programs.

Jenna Pontious, Branch Supervisor Literacy Coordinator Library

Be Careful What You Wish For: Gambling on War and Economics in the Age of Catastrophe

May 8 · Tuesday 1:30 – 3 pm

What are the downsides of gambling on war?

Roger L. Ransom, PhD, Distinguished Professor and Edward A. Dickson, Emeritus Professor (2015-2016)

Conserving the Historic and Scenic Elements of Redlands

May 15 · Tuesday 1:30 – 3 pm

The work of Redlands Conservancy.

Sherli Leonard, Executive Director, Redlands Conservancy

Hassidic Tales and The Epics

May 22 · Tuesday 1:30 – 3 pm

Life and teachings of the founder of the Hasidic movement.

Arlette Poland, JD, PhD, MA-Religion, MA-Ethical Leadership,

Magic in Your Life

May 29 · Tuesday 1:30 – 3 pm

Timeline and history of magic and magicians.

Lynn C. Craven, BA, professional magician who is a member and docent at the Magic Castle in Hollywood



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