Maximizing the Quality of Time Left

UCR Osher and UCR Palm Desert Present

Successful Aging

Wednesday
May 23
6-7:30 p.m.

UCR Palm Desert Center
75-080 Frank Sinatra Drive

Does our sense of “time left” influence our hopes and dreams? To what extent do we experience our time left as “limited” or “expanded”? As we enter the 50’s and beyond our hopes, dreams and fears of who we would like to become and who we are afraid of becoming (our hoped-for and feared possible selves) motivate our activities and behavior.

Several definitions of what it means to age successfully will be presented, including the biological and psychological aspects of aging. Can personal development be promoted by the enriched nature of the settings in which people live? Question and answer segment will follow the presentation.

FEATURED PRESENTER
Louis Medvene, Ph.D., is a social psychologist and a Professor of Psychology at Wichita State University. Dr. Medvene received his doctoral degree from Columbia University (1983) in social and organizational psychology. He has been teaching at Wichita State for the past 25 years, and has 15 years of experience carrying out funded and published research in the area of aging. He has been primarily interested in social relationships and especially in promoting person-centered caregiving relationships. Dr. Medvene has also carried out research on the social networks of older adults.

REGISTRATION FEES
$35 (includes parking)
Section: 174-CCS-215

To reserve your place, call (951) 827-4105 or (760) 834-0997 to register.